

Corryong College

Keeping In Touch

12th June, 2020

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Dear parents and carers,

This week saw the return of our Year 3 to 10 students. It was so great to have all our students back smiling and full of energy, ready to return to the classroom. I would like to thank all the staff for their great work in catering for all students during the remote learning period, as well as thank all of you and our children for actively participating in learning.

All students have quickly adapted to the vigilant cleaning processes that have been put in place. They have also adopted the new canteen system quickly and efficiently.

State School Relief— School Uniforms and School Items

Whilst all students have been fantastic with showing motivation to return to the classroom, we have unfortunately noted a drop in the calibre of school uniform. I have reminded all students from Year 5 to Year 10 that uniform is compulsory and that this will be enforced as of next week. With this, I have also reminded them to ask you all if the State School Relief forms have been submitted to Mr Nigel Adkin. These have been sent out on a few occasions. ALL students are entitled to this money. This is approximately \$250 for uniforms and another \$250 for school items (books, stationery, etc). Therefore you could order your child's school uniforms from the front office, including puffa jackets and vest (of which the order closes very soon) and it be covered by each students SSR balance. Students are also entitled to use these funds for the purchase of school shoes, aka runners. Not flat street shoes but runners that support the foot for physical activity. As these are not available from the front office, you need to provide an itemised tax invoice for the shoes, along with a form which includes your bank account details of which you want the reimbursement to be made to and this will be processed by the front office in due course. Please view the Uniform Policy on page 3 & 4.

Partnership with Corryong Health - introducing Meg Toogood and Janet McIlwaine

Whilst we have had a horrible time over the period of the bush fires, we have been privileged to have Kerrie Staun and Leonie Harbeck in our college supporting our students. They have been working with individual children, small groups, class groups and with staff to understand the trauma we have all been impacted by and more importantly how to manage what we are feeling. Their work has been brilliant and whilst we are unsure what is going to be occurring with this support in term 3, we have made the conscious effort of ensuring support remains strong. Not disregarding Kerrie or Leonie's great work, but in light of creating strong partnerships with our local Corryong Health, our Wellbeing Team; Nigel Adkin, Pauline Taylor, Kerrie Staun, Leonie Harbeck and myself, have been meeting with Corryong Health's Meg Toogood and Janet McIlwaine. These two highly skilled counsellors and psychologists are keen to meet with our children and continue to the support if Kerrie and Leonie are unable to be with us next term. Some of our students have commenced seeing Janet and Meg and have returned with positive feedback. The below outlines their experience as an introduction to you all. We will keep you all informed about the wellbeing process as it unfolds.



I would like to thank Vicki Pitcher—Operations Manager for creating the opportunity for us all to have these conversations and commence future planning of support for our children.

Meg Toogood

My name is Meg Toogood and I am a Psychologist registered with the Australian Health Practitioner Regulation Agency (AHPRA) and endorsed as a Counselling Psychologist. My earlier career was in Education and as a teacher I have worked in Hong Kong teaching English as a second language and in Melbourne teaching students with intellectual and physical disabilities. Since completing my studies in Psychology I have worked in the Northern Territory and Queensland. In the Northern Territory I was based at Alice Springs and later in Tennant Creek where I worked as a School Counsellor in remote areas and later I was employed with PHN in the area of social and emotional wellbeing at Anyinginyi, an Aboriginal Health Corporation. Most recently, I worked in Queensland as an Alcohol and Other Drug counsellor with Queensland Health in Mt Isa. I am looking forward to my time with Corryong Health Services working in the Mental Health team.

Janet McIlwaine

Hi everyone. I am one of the new Counsellor's funded under the Bush Fire Recovery plan.

I live on a small horsey farm near Shepparton and will be working in Corryong for 3 days a week. I am a bit of a gypsy and like travelling around, working in different communities. I am an Accredited Mental Health Social Worker and also have a psychology degree. Currently I am studying a Certificate in Disaster Management through the Australian Psychological Society.

My clinical interests are divided into two areas:

1. Organisational and occupational health issues with staff in organisations. I am formally trained in:

- critical incident debriefings
- providing "rapid response in worksite's where staff have been traumatised or experienced a workplace crisis, incident or conflict

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Janet McIlwaine (cont)

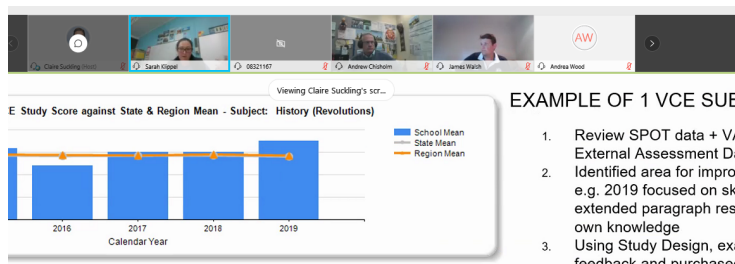
- psychological first aid for disaster survivors
 - staff conflict or team dynamic's issues
 - workplace psychoeducation
 - Employee Assistance Programs
 - Career planning/retirement and succession planning
2. Individual mental health interests include working with people who may have:
- Mood disorders such as anxiety and depression
 - Childhood trauma including sexual abuse
 - Domestic or family violence
 - Gay and lesbian relationship or sexuality issues
 - Eating disorders
 - Adolescent mental health and social issues such as: parent/child conflict, peer issues, relationship matters, self-esteem and self-image issues, education and sexuality concerns

Staff take a public seat - Mrs Vicki Kane presents research around local water testing whilst Mrs Sarah Klippel presents our successful processes achieving high outcomes for VCE students.

Mrs Vicki Kane has been testing the local water ways for the last 2 years. Vicki incorporates this research into her Chemistry classes giving students first hand experience as well as content and concepts that relate directly to their everyday lives. Students go out every year as part of their elective chemistry class. Vicki and the students have found that the water is murky and unliveable to fish due to the low oxygen levels and turbidity (dirty water due to ash). This year, with the bushfires, has been highly alarming with the lack of water quality. This turbidity has impacted much of the ecosystem from insects, fish and our own lives. The Year 12 students discussed that this contamination has also impacted their ability to "get out and do what they enjoy—go fishing and camping". ABC Goulburn Murray sought the results via an interview with Vicki Kane this week. Vicki has done the college, her students and our local community proud with her passion towards testing and educating our children around the impact of the bush fires on our waterways. Vicki has stated that it will take many years before our pristine waters will return. Thanks Vicki for giving our students such a powerful experience in their chemistry studies.



Mrs Sarah Klippel presented over webex (online conferencing) to the VCE leaders and Principal teams across the North East Region, the process that we at Corryong College undertake to ensure our students achieve high outcomes in their VCE learning and results. Sarah spoke of keeping our students at the core of every decision, utilising our student data to drive our PLC (Professional Learning Communities) toward consistently improving learning plans. Here at the college, our students career pathways are explored from junior secondary. This allows each of our students to have direction towards their learning and be driven by short and long term goals. Sarah discussed the importance of analysing VCE data and identifying areas of improvement and ensuring these areas are worked on by teachers and students from a younger age to ensure these skills become an automatic recall that can be easily accessed through the VCE years. Sarah highlighted the brilliant collaboration and trust relationships that our staff have to open their class assessment data and openly discuss the ways in which they could improve their teaching practice or discuss as a team the best ways to support their students. It was very hard to exemplify Sarah's well presented college process, however this picture shows a very small window of what we see when watching the presentation online. At times, it is more difficult to present online that it is in person. Sarah did a brilliant job and was highly commended for the work she does as VCE Coordinator, with Sandra Kovacic as co-coordinator, and also as Careers Coordinator and Practitioner. Thanks Sarah for driving our VCE team and doing an amazing job in ensuring we are consistently improving our practice.




Wishing you all a lovely weekend.

Fran Heath
Corryong College Principal



Our young ones presenting their full school uniforms that now include the navy beanies that were gifted to the F-2s.

	Uniform Policy	Review & endorsed by School Council: August 2018 Developed: September 2004
Information: 02 6076 1566	DET Schools Reference Guide:	Next review: Term 4 2020
Manager: Principal		Issue No: 2.3

All Prep – Year 12 students must wear school uniform throughout the school day. This includes travel to and from home. Full school uniform must be worn on all excursions unless exemption has been authorised by the Principal or Assistant Principal. Parents are expected to ensure the purchase of appropriate clothes to enable students to be in full school uniform at all times.

A dress code applies to the way students wear uniform and casual wear. The dress code is provided at the start of the school year and upon enrolment. The dress code requires students to demonstrate common sense in their selection of clothing and personal presentation.

All Year 11 and 12 students have the option of wearing the College's VCE rugby top.

Only in exceptional circumstances will a student be exempt from wearing uniform.

Approved Items of Uniform for Year Prep – 12 Students

Normal Uniform

- A plain navy broad-brimmed or bucket hat with college logo or the navy Bogong Outdoor Education bucket hat, for wearing outside during terms 1 and 4 (college hat available from the College office)
- A navy, black, grey or the Big Freeze beanie for wearing outside during terms 2 and 3.
- Navy polo shirt with white trim (available from the College office)
- Grey or navy trousers or navy microfiber tracksuit pants (fleece "trackies", jeans, jeggings or leggings are not permitted)
- Grey or navy shorts mid-thigh length (football or jogging shorts are not permitted)
- Corryong College blue tartan skirt with navy stockings for winter
- Corryong College blue tartan dress
- Corryong College polar fleece jacket, VCE Rugby Top, or Corryong College puffer jacket/vest
- White, navy or black socks in keeping with the uniform
- Navy stockings/tights under dresses and skirts only
- Black or coloured enclosed shoes/runners. No thongs, scuffs, sandals, slippers, moccasins, ~~ugg~~ boots, high heels, ballet flats or canvas slip on style shoes.

Sports Uniform

- Navy shorts, ~~skorts~~, or predominantly black sports leggings.
- Navy & gold college shirt
- Navy track pants and top may be worn during colder months
- Appropriate footwear

Students must change into and out of their sports uniform to participate in Sports and PE. Students in year 7-12 are not to wear their sports uniform other than for sport, unless sport or PE occurs period 6.

Students are encouraged to wear extra layers in cold weather to keep warm. These layers are to be worn underneath uniform items and are to remain invisible.

Windcheaters and polar fleece jackets are available through the College.

No items of jewellery are approved as part of uniform but students may wear simple and discreet items, such as a wristwatch or sleepers or small stud earrings. Students are to cooperate with teachers if asked to remove jewellery that is not discreet or that may compromise safety. The College will not be held responsible for any jewellery lost or damaged when worn or brought to school.

Make-up must be kept to a minimum and be discreet.

All items of clothing should be clearly named. Uniform should not be defaced or worn in an inappropriate manner.

Note: If a student is temporarily unable to wear correct school uniform, a note explaining this should be brought to the appropriate teacher before school.

Implementation of the Uniform Policy

- Class/form teachers will check uniform and provide students with an "out of uniform slip" if appropriate. Diaries will be used to note when students are out of uniform.
- Records are to be kept regarding frequency of non-compliance with uniform policy
- Students may be required to change into uniform the school is able to provide
- Welfare support to be arranged as necessary.

In cases of repeated non-compliance the following incremental steps will be implemented

- The issue will be discussed with the student with an attempt made to resolve the issue
- A letter sent home with a copy of the uniform policy requesting family support
- A second letter sent home
- Parent/s to be contacted directly

••Uniform requirements should be reviewed on a regular basis.

CALENDAR OF EVENTS Term 2, 2020

Mon 15th	Tues 16th	Wed 17th	Thurs 18th	Fri 19th
Mon 22nd	Tues 23rd	Wed 24th	Thurs 25th	Fri 26th End of Term 2 2.30pm finish

CALENDAR OF EVENTS Term 3, 2020

Mon 13th	Tues 14th	Wed 15th School Photos	Thurs 16th	Fri 17th
Mon 20th	Tues 21st	Wed 212nd	Thurs 23rd	Fri 24th CFA Mt Beauty
Mon 20th	Tues 21st	Wed 212nd	Thurs 23rd	Fri 24th Winter Sports Carnival

SAGK



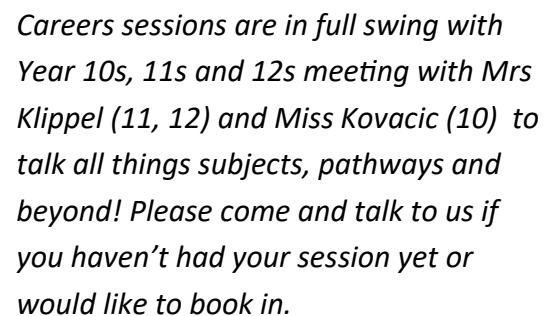
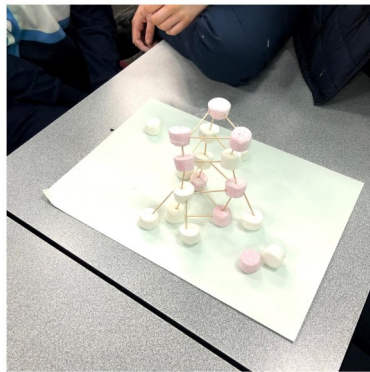
Year 5/6 students working hard in their SAKG class upcycling our front garden.



Corryong College Council Meeting Dates

The next meetings for Term 2 2020 will be Week 10 Monday 16th June 6pm.

WHAT'S ON IN A BLOCK...



CORRYONG COLLEGE

APPLICATION FOR REIMBURSEMENT THROUGH STATE SCHOOL RELIEF SUPPORT (SSRS)

State Schools' Relief.

This support covers \$250.00 for uniform and \$250.00 for books and stationery and other essential items for school. Corryong College provides school uniforms except for school shoes however the SSRS also covers school shoes. If you purchase school shoes please complete this document providing Bank details and the original tax invoice attached for reimbursement.

Students Name:_____

Banking Details:

BSB:_____

Account Number:_____

Name of Account:_____

Amount claiming:_____

Signed:_____ **Dated:**_____

Office use:-

Purchase order No:-

dated:-

Approved:-



Corryong College NEW Jacket / Vest Order Form

FINAL
ORDER FOR
2020



FINAL
ORDER FOR
2020

Parents are now able to place orders for the purchase of the Corryong College puffer jacket and vest. The jackets and vests are an additional uniform option for students to stay warm this winter. The jackets and vests come in a wide range of sizes.

Type	Cost	Available Sizes			
Kids Puffer Jacket	Jacket \$55	year 6-8	year 8-10	year 10-12	year 12-14

*Please note there are no vests available in kids sizes.

Type	Cost	Available Sizes						
Women's Puffer Jacket & Vest	Vest \$55	8	10	12	14	16	18	20
	Jacket \$65							
Men's Puffer Jacket & Vest	Vest \$55	S	M	L	XL	2XL	3XL	5XL
	Jacket \$65							

I _____ would like to place an order for the following items (please note payment must be made on the return of your order form for your order to be processed).

Student Name	Kids Jacket	Women's Jacket	Women's Vest	Men's Jacket	Men's Puffer Vest	Total
						\$
						\$
						\$
Total						\$

*please indicate your size in the box

Orders will be placed on Tuesday 23rd June, therefore this order form is due back no later than Monday 22nd June . (Week 11 Term 2)

Parents will be notified directly by phone when orders have come in to arrange collection outside of office.

CORRYONG COLLEGE - CANTEEN ROSTER TERM 3 2020

MANAGERESS: Georgie Scammell

If allocated day is not suitable, please swap with someone else listed or **SENIOR CAMPUS - CANTEEN**

Ph: 6076 1566

Senior Campus

Junior Campus

Parent Helpers will need to be at the canteen by 10.30am

Orders will be collected by – 11.15am

July 2020		
Tuesday 14th		
Wednesday 15th		
Thursday 16th		
Friday 17th	Donna Greenhill	
Monday 20th		
Tuesday 21st		
Wednesday 22nd		
Thursday 23rd		
Friday 24th	Kellie Scheitler	Megan Spurgeon
Monday 27th		
Tuesday 28th		
Wednesday 29th		
Thursday 30th		
Friday 31 st	Trudy Sheather	Sam Byatt
August		
Monday 3rd		
Tuesday 4th		
Wednesday 5th		
Thursday 6th		
Friday 7th	Leanne McKimmie	Kirsty Heinjus
Monday 10th		
Tuesday 11th		
Wednesday 12th		
Thursday 13th		
Friday 14th	Bonita Nicholas	
Monday 17th	Kerry Twigg	
Tuesday 18th		
Wednesday 19th		
Thursday 20th		
Friday 21st	Julie Farrell	
Monday 24th		
Tuesday 25th		
Wednesday 26th		
Thursday 27th	Kerryn Daly & Gai Drummond	
Friday 28th	Nicole Martin	Kristen McKimmie
Monday 31 st		
September		
Tuesday 1st		
Wednesday 2nd	Dale Hogg	
Thursday 3rd		
Friday 4th	Melissa Whitehead	Michelle Smith
Monday 7th		
Tuesday 8th		
Wednesday 9th		
Thursday 10th		
Friday 11th	Tania Costello	Leah Mathey
Monday 14th		
Tuesday 15th		
Wednesday 16th		
Thursday 17th		
Friday 18 th	Nat Mouat	

Thank you for volunteering for the Canteen Roster. If you are available to help please contact us!
Your help is most appreciated.

TIPS FOR YOUR KIDS & TEENS

- Think before you post. Content posted online can be there forever. You can put it up, but you can't take it down.
- Not all websites are okay—if you visit a site that makes you feel uncomfortable, leave the site immediately by clicking on 'back' or closing the browser.
- Remember, not everyone online is who they claim to be. Don't open email attachments if you don't know the sender.
- Don't be embarrassed—talk to a trusted adult if someone sends you content that makes you feel uncomfortable or worried or if you have posted something that you think you shouldn't have. You may be able to take steps to help the situation.

- If you have seen something disturbing online and you need help dealing with it, contact the

Cybersmart Online Helpline
on the Cybersmart
website or call Kids
Helpline direct on
1800 55 1800.



If you would like to talk to us in your own language, please call the Telephone Interpreter Service on 131 450.

Italiano

Se desiderate parlare con noi in italiano, siete pregati di chiamare il servizio d'interpretariato telefonico (Telephone Interpreter Service) al numero 131 450 e loro ci contatteranno per voi.

Vietnamese Tiếng Việt

Nếu quý vị muốn nói chuyện với chúng tôi bằng tiếng Việt, xin điện thoại đến Dịch Vụ Thông Dịch qua điện thoại (TIS) ở số 131 450 và họ sẽ giúp quý vị liên lạc với chúng tôi.

Greek Ελληνικά

Αν θέλετε να μας μιλήσετε στη γλώσσα σας, παρακαλείστε να τηλεφωνήσετε στην Τηλεφωνική Υπηρεσία Διερχομένων στο 131 450 και να ζητήσετε να επικοινωνήσουν μαζί μας εκ μέρους σας.

العربية العربية

إذا كنت تودُ التحدث إلينا بلغتك، فيرجى الاتصال بخدمة الترجمة الشفهية والخطية على الرقم 131 450 حيث يقوم مترجم من الخدمة بالاتصال بنا والتحدث إلينا نيابة عنك.

Traditional Chinese 繁體中文

如果您希望用您的語言和我們傾談，請致電131 450 電話傳譯員服務 (Telephone Interpreter Service)，他們會替您和我們聯絡。

For more information contact:

Australian Communications and Media Authority
Cybersmart program
Cybersafety Contact Centre
Telephone: 1800 880 176
Email: cybersafety@acma.gov.au
www.cybersmart.gov.au

ACMA038A.1007



MORE TIPS FOR YOUR KIDS & TEENS

- **Don't respond** if someone sends you unkind or offensive messages or asks you to do something that makes you feel uncomfortable. Instead, tell your parents or another adult you can trust.
- **If you want to meet** someone you only know online, ask your parents or another trusted adult to go with you and always meet in a public place.
- **Don't open messages** from people that you don't know. These could contain viruses.
- **Tell your parents** if you are upset or worried by language, pictures or videos on the internet.
- **Don't accept** any offers that seem too good to be true—they probably are.
- **If you need help**, contact the Cybersmart Online Helpline on the Cybersmart website or call Kids Helpline direct on **1800 55 1800**.
- **If there is a threat** to your safety the police will help. In a life threatening and time critical situation, call **Triple Zero (000)**.



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Arabic العربية

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www.cybersmart.gov.au

ACMA033A.1007

WWW.CYBERSMART.GOV.AU



cyber(smart:)

GUIDE TO
ONLINE
SAFETY



Australian
Communications
and Media Authority

TIPS FOR YOUR KIDS & TEENS

- **Think before you post!** Content posted online can be there forever. You can put it up, but you can't necessarily take it down.
- **Be considerate**—only send the kind of messages and photos you would be happy to receive.
- **Remember that sexting can be illegal**, so never share naked images of yourself or forward images you have received.
- **Say no if someone asks you to do something**—like take or pass on a photo—that makes you feel uncomfortable.
- **Don't be embarrassed**—talk to a trusted adult if someone pressures you to do something that makes you feel uncomfortable or sends you content that worries you.
- **Stay aware** of what's going on around you and guard your privacy. Remember, if you can take pictures of everything and everyone with your phone, so can others ... and you may not want to be the subject of their photos!

• **If you have sent an image** or message that you regret seek advice from a trusted adult.

• **Confidential guidance** and advice can also be found at the Cybersmart Online Helpline on the Cybersmart website or call Kids Helpline direct on **1800 55 1800**.



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SEXTING



Australian Communications and Media Authority